

Instructions to Authors

Hong Kong Journal of Mental Health is an interdisciplinary journal intended to serve as a focal point for exchange of information to enhance the development of the field of mental health theory and practice. The Journal aims to facilitate the application of facts, principles, and methods derived from psychology, psychiatry, medicine, sociology, epidemiology, anthropology, social work, nursing, education, and other health-related disciplines, in mental health. Our readership has a broad range of backgrounds, interest, and specialization, including mental health professionals, service users and families, academics, service administrators, and policy makers. The Journal publishes research, literature reviews, case studies, essays, debates, and practitioner narratives that advance the development of policy, practice, research, and education in all aspects of mental health.

Manuscript

Manuscripts should be submitted to the Editorial Board using electronic submission via email to mhahkho@mhahk.org.hk

Manuscripts should be submitted in either English or Chinese, typed in 12-point Times New Roman or 12-point 細明體, double space throughout with 2 centimeters margins on all sides within 8-10 pages in A4 paper and should be prepared as follows:

1. The first page should be a Title page that specifies title, names and institutional affiliations of all authors; to whom requests for reprints should be addressed; and a running head of no more than 50 characters.
2. The second page should contain the title and an abstract of 300 words. A paper in English should have an English abstract followed by one in Chinese; a paper in Chinese should have a Chinese abstract followed by one in English. Three key words or phrases should be included after the abstract.
3. The text should start from the third page followed by References.
4. References should be typed double spaced and in full starting on a separate page, and listing according to the alphabetical order of the last names of the authors. The referencing guide follows the principles of the 7th edition of the *Publication Manual of the American Psychological Association*.
 - (a) Reference to a journal article:
Grady, J. S., Her, M., Moreno, G., Perez, C., & Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. *Psychology of Popular Media Culture*, 8(3), 207–217. <https://doi.org/10.1037/ppm0000185>
 - (b) Reference to a book:
Jackson, L. M. (2019). *The psychology of prejudice: From attitudes to social action* (2nd ed.). American Psychological Association. <https://doi.org/10.1037/0000168-000>
 - (c) Reference to a chapter in a book:
Dillard, J. P. (2020). Currents in the study of persuasion. In M. B. Oliver, A. A. Raney, & J. Bryant (Eds.), *Media effects: Advances in theory and research* (4th ed., pp. 115–129). Routledge.
 - (d) Reference citations in the text should give the name of the authors followed by the year of publication in parentheses.

中文文獻格式：

(a) 學術期刊：

鄭伯璦（1995）。〈組織價值的上下契合度與組織成員個人的效能〉。《中華心理學刊》，第37期，頁25–44。

(b) 書本：

吳武典（1995）。《團體輔導手冊》。台北：心理出版社。

(c) 編輯書本：

李文照（1992）。〈社交技巧訓練 – 外展輔導工作的探索〉。載於香港社會服務聯會兒童及青少年部（編），《青少年服務模式新探》，頁245-252。香港：基督教服務處。

(d) 排序按作者筆劃及著作年期為原則。

5. Tables and figures should be on separate pages and their desired positions in the text should be indicated.

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