5th Four Levels Interactive Focusing Course

Date:  
Level I: 5 and 12 December 2020  
Level II: 2 and 16 January 2021  
Level III: 6 and 20 February 2021  
Level IV: 27 and 28 March 2021

Time: 2-6 pm

Venue: 4/F, Sai Tso Wan Neighbourhood Community Centre, 81 Cha Kwo Ling Road, Kwun Tong*

Fee:  
$8,200 (2 to go and on or before 21/11/2020)  
$8,500 (2 to go or on or before 21/11/2020)  
$9,000 (Original)

*The course will be changed to online format if Hong Kong experience another wave of local outbreak of COVID-19.

AFTER THE COURSE, PARTICIPANTS CAN GET THE FOLLOWING BENEFITS:

- Can get information from the body wisdom and relational field as resonance with clients.
- Find it a lot easier to attune with your clients.
- Strike a better balance between taking care of the client as well as taking care of self.
- Enhance the use of self and other counselling or therapeutic modalities to improve the process outcome.
- Can hold your sessions more effectively with your body wisdom.

Format: Didactic lecture, experiential exercises, demonstration

Trainer:

Mr. Joseph Sing Bio:
- Founder of the Hong Kong Focusing Institute (Current President)  
- Master in Counsellor (UNE)  
- Certified Focusing Coordinator (TIFI)  
- Certified Focusing Trainer (TIFI)
- Certified Wholebody Focusing Oriented Therapist (TIFI)  
- Certified Children Focusing Trainer (TIFI)  
- Certified Ego State Therapist (ESTI)  
- Certified Professional counsellor in Satir Growth Model (GP)  
- Certified Hypnotherapist (NGH)  
- Registered Counsellor, Registered Clinical Supervisor (APCPA)  
- Private practice for adults and couples with Focusing oriented therapy

Ms. Fanny Ko Bio:
- Founder of Moving Forward Professional Counselling  
- Master in Social Work (HKU)  
- Certified Focusing Trainer (TIFI)  
- Certified Wholebody Focusing Oriented Therapist (TIFI)  
- Certified Children Focusing Trainer (TIFI)  
- Certified Ego State Therapist (ESTI)  
- Somatic Experiencing Practitioner (SETI)  
- Registered Social Worker  
- Completed 3-Year Accelerated Experiential Dynamic Psychotherapy (AEDP) training  
- Systemic Constellation Facilitator (HSI)  
- Senior counselling consultant and trainer

Registration: cpmh.mhahk.org.hk  
Enquires: tnfc@mhahk.org.hk or 35831196