The 12th Immersion Course in Accelerated Experiential Dynamic Psychotherapy (AEDP)

The Inner Power Awakens (元力覺醒):
Transformance and Accelerated Experiential Dynamic Psychotherapy
(Morning online presentations led by Dr. Yeung and afternoon on-the-ground presentations led by Hong Kong based supervisors*)

November 20, 21 & 22, 2020 (Friday, Saturday & Sunday) 9:00 am – 5:00 pm
Tsung Tsin Mission of Hong Kong
(8/F, Kings Tower, 111 King Lam Street, Cheung Sha Wan, Kowloon)
Language: Cantonese

Fee: HK$4,200 (regular) HKD$4,000 (early bird on or before October 15, 2020)

Special learning objectives:

• Understand Transformance: Being a change based therapy model, AEDP champions healing from the get-go.
• Understand Undoing Aloneness: The emotional experience of being alone in facing trauma in the there-and-then is being corrected in the here-and-now of the therapeutic relationship.
• Understand Privileging the Positive and the New: Meaning right and true, ‘positive’ may include but not exclusively referred to positive emotion.
• Understand the Phenomenology of 4 States and 3 State Transformational Process: Universal and implicit in all psychotherapeutic models, AEDP explicitly describes this map/compass of transformation.
• Understand Metaprocessing and Core State: Unique to AEDP, these states seamlessly integrate with positive psychology and contemplative traditions.
• Understand How The Above Fits Together: Integrating AEDP theory with the art of practice in treatment.

Trainer:

• Dr. Danny S. C. Yeung, MD CCFP CGPP FCFP
• Assistant Professor, University of Toronto, Department of Psychiatry
• Senior Faculty & Head of International Development, AEDP Institute

Co-presenters:

Mrs. Victoria Cheung, Ms. Cammy Cheung, Ms. Esther Poon, Ms. Judy Wong, and Mr. Kwok Wing Wu

Registration: cpmh.mhahk.org.hk & mhahk.org.hk Enquiries: tnfc@mhahk.org.hk or (852)35831196

*this on-the-ground presentation may be changed to Online format if Hong Kong experiences another wave of local outbreak of COVID-19 around November