

4th Four Levels Interactive Focusing Course

DATE	2,9/12/2019 (leve 1); 6,13/1/2020 (leve 2); 10, 17/2/2020 (leve 3); 16, 23/3/2020 (leve 4)
TIME	1000-1730 (Mon)
VENUE	T.N.Foo Centre for Positive Mental Health (Unit F, 10/F, Harvest Moon House, 337-339 Nathan Road, Jordan)
FEE	\$8,200 (2 to go and before 16/11/2019); \$8,500 (2 to go or before 16/11/2019); \$9,000 (Original, after 16/11/2019)

AFTER THE COURSE, PARTICIPANTS CAN GET THE FOLLOWING BENEFITS:

- Can get information from the body wisdom and relational field as resonance with clients.
- Find it a lot easier to attune with your clients.
- Strike a better balance between taking care of the client as well as taking care of self.
- Enhance the use of self and other counselling or therapeutic modalities to improve the process outcome.
- Can hold your sessions more effectively with your body wisdom.

FORMAT Didactic lecture, experiential exercises, live demonstration

TRAINER

Mr. Joseph Sing :

- Registered Counsellor, Registered Clinical Supervisor (APCPA)
- Certified Focusing Trainer, Certified Coordinator (TIFI)
- Certified Professional counsellor in Satir Growth Model (GP)
- Certified Hypnotherapist (NGH)
- Private practice for adults, couples with Focusing oriented therapy
- Over 10 years experience, counselling, supervising and training.

Ms. Fanny Ko:

- Registered Social Worker
- Somatic Experiencing® (SE) Practitioner
- Approved assistant, individual and case supervision provider for all 3 levels of SE training
- Certified Focusing Trainer by TIFI (USA)
- Completed level 1-3 Accelerated Experiential Dynamic Psychotherapy (AEDP)training
- Senior counselling consultant and trainer