Motivational Interviewing Training
by Dr. James A. Carter

Date: 23 April 2018 (Whole Day) & 25 April 2018 (Evening)
Time: 9:30 am to 5:30 pm for whole day and 6:30 pm to 9:30 pm for evening
Venue: Hong Kong Baptist University AAB 1038

Target Participants: Helping professionals
Language: English
Course Fee:
- Regular Enrollment: HK$1,800
- Early Bird: HK$1,600 (Before 23 March 2018)
- Group of 3 or above: HK$1,500

Enrollment Deadline: 16 April 2018

What you can learn:

Day 1:
Brief Overview of MI (including definition and research base)
Spirit of MI (Partnership, Acceptance, Collaboration, Evocation)
4 Processes of MI (with emphasis on Engaging and Focusing processes)
Understanding Patient / Client Speech (Change Talk vs Sustain Talk and Discord)
Overview of OARS and emphasize MI Summary as the quintessential MI skill

Day 2 Evening:
Revisit the 4 Processes - Evoking and Planning
Role plays and Demonstrations

Dr. Carter is a licensed clinical psychologist who began learning Motivational Interviewing (MI) in 1993, and became a member of the Motivational Interviewing Network of Trainers (MINT) in 2008. He has used MI in clinical practice to help patients build their motivation to overcome substance use disorders, anxiety and depressive disorders, obsessive compulsive disorders, and other health challenges.

Dr. Carter has also served as a researcher, trainer, and consultant for several health care and criminal justice agencies that have incorporated MI into their scope of services. He enjoys teaching introductory and advanced training courses in MI, and utilizes a variety of learning activities to demonstrate skills and enhance learning. This course will provide an overview of the principles and practices of MI to help participants gain a better understanding of how MI may be applied in their settings and begin to develop specific skills.

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