Four Levels Interactive Focusing Course
To Be Proficiency as a Focusing Partner (PFP)

Date:
Level 1: 30/3/2018, 31/3/2018
Level 2: 19/5/2018, 20/5/2018
Level 3: 14/7/2018, 15/7/2018
Level 4: 25/8/2018, 26/8/2018

Time: 13:00-18:00
Venue: T.N. Foo Centre for Positive Mental Health (Unit F, 10/F, Harvest Moon House, 337-339 Nathan Road, Jordan)

Fee:
$9,500 (early birds before 12/3/2018 and enroll 4 levels training)
$2,500/Level (Level 1 or Level 2)
$10,000 (regular price for enroll 4 levels training)
$3,000/Level (Level 3 or Level 4)

Language: Cantonese

Achievement:
*After 4 levels training, participants could apply for Proficiency as a Focusing Partner (PFP) award in The International Focusing Institute*

After taking the four levels of this interactive focusing course, participants can get the following benefits:

**Professionally as a counsellor or therapist:**
- Can get information from the body wisdom and relational field as resonance with client.
- Able to minimize possibility of transference and countertransference.
- Provide more accurate reflection to clients to stimulate their change.
- Strike a better balance between taking care of the client as well as taking care of self.
- Enhance the use of self and other counselling or therapeutic modalities (e.g. AEDP and SE) to improve the process outcome.
- Can hold your sessions with less effort yet more effective.

**Format:**
Didactic lecture, experiential exercises, live demonstration, skype session practicing with trainer individually.

**The Speakers:**

**Mr. Joseph Sing:**
- Master in Counsellor (UNE)
- Registered Counsellor, Registered Clinical Supervisor (APCPA)
- Certified Focusing Trainer, Certified Coordinator in Training (TIFI)
- Certified Professional counsellor in Satir Growth Model (GP)
- Certified Hypnotherapist (NGH)
- Private practice for adults, couples with Focusing oriented therapy
- Over 10 years experience, counselling, supervising and training.

**Ms. Fanny Ko:**
- Master in Social Work (HKU)
- Diploma in Adult Education and Training (HKU: SPACE)
- Registered Social Worker
- Somatic Experiencing® (SE) Practitioner
- Approved assistant, individual and case supervision provider for all 3 levels of SE training
- Certified Focusing Trainer by TIFI (USA)
- Completed level 1-3 Accelerated Experiential Dynamic Psychotherapy (AEDP) training
- Senior counselling consultant and trainer

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